



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Beacon Falls Senior Center & YMCA Partnership

1. Did you know that the YMCA is a Non-Profit Organization open to serve anyone, no matter where you live including Beacon Falls?
 Yes No
2. How many individuals 55+ live in your household?
 1 3
 2 >4
3. What type of activities would you like Beacon Falls & the YMCA to host in the Town of Beacon Falls? (Please check all that apply)
 Land Group Exercise Health & Wellness Discussions
 Aquatic Group Exercise Enhanced Fitness
 Stretching Grandparents Support Groups
 Yoga Volunteering
 Chair Yoga Other
 Group Trips
 Senior Learning
 Computer/Electronics
 Nutrition Education
4. Did you know we are bringing FREE Exercise classes, health discussions, and other Healthy incentives directly to the Town of Beacon Falls in the Fall of 2021?
 Yes No
5. Some Health Insurances may cover Membership to health facilities or access to Exercise Programs. Does your Health Insurance offer any of the plans below? (Please check the one that applies)
 Silver Sneakers Renew Active
 Silver & Fit Not Sure
6. Would you need transportation to the location of the program being held directly in Beacon Falls?
 Yes No
7. Would you like the YMCA to contact you?

Name: _____ Phone: _____

Email: _____