



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NAUGATUCK YMCA

GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
AM		AM		AM		AM		AM		AM	
5:30	Open Gym	5:30	Open Gym	5:30	Open Gym	5:30	Open Gym	5:30	Open Gym	7:00	Open Gym
10:30	Max 10	10:30	Max 10	10:30	Max 10	10:30	Max 10	10:30	Max 10	7:30	Max 10
										8:00	Little Pal
										12:00	League Play
10:30	Cleaning	10:30	Cleaning	10:30	Cleaning	10:30	Cleaning	10:30	Cleaning		
11:00		11:00		11:00		11:00		11:00			
11:00	Preschool	11:00	Preschool	11:00	Preschool	11:00	Preschool	11:00	Preschool		
12:00	Program Play	12:00	Program Play	12:00	Program Play	12:00	Program Play	12:00	Program Play		
PM		PM		PM		PM		PM		PM	
12:00	Open Gym	12:00	Open Gym	12:00	Open Gym	12:00	Open Gym	12:00	Open Gym	12:00	Little Pal
3:30	Max 10	3:30	Max 10	3:30	Max 10	3:30	Max 10	3:30	Max 10	3:00	League Play
3:30	Cleaning	3:30	Cleaning	3:30	Cleaning	3:30	Cleaning	3:30	Cleaning		
4:00		4:00		4:00		4:00		4:00			Updated 11/5/2020
4:00	Little Pal	4:00	Little Pal	4:00	Little Pal	4:00	Little Pal	4:00	Little Pal		
6:00	League Play	8:00	League Play	8:00	League Play	8:00	League Play	8:00	League Play		
6:30	Volleyball										
9:00	League Play										

FACILITY HOURS

Monday - Friday
5:30am - 7:00pm

Saturday
7:00am - 11:00am

Sunday Closed

NAUGATUCK YMCA
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