



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NAUGATUCK YMCA

GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
AM		AM		AM		AM		AM		AM	
5:30 10:45	Open Gym	5:30 10:45	Open Gym	5:30 10:45	Open Gym	5:30 10:45	Open Gym	5:30 10:45	Open Gym	7:00 12:00	Open Gym
11:00 12:00	Preschool Program Play	11:00 12:00	Preschool Program Play	11:00 12:00	Preschool Program Play	11:00 12:00	Preschool Program Play	11:00 12:00	Preschool Program Play		
PM		PM		PM		PM		PM		PM	
12:00 5:00	Open Gym	12:00 5:00	Open Gym	12:00 5:00	Open Gym	12:00 5:00	Open Gym	12:00 5:00	Open Gym	12:00 1:00	Open Gym
5:00 6:15	Little PAL	5:00 9:00	Little PAL	5:00 6:15	Youth Boxing	5:00 9:00	Little PAL	5:00 8:45	Little PAL	1:00 3:00	Birthday Parties
6:15 9:00	Open Gym			6:15 7:00	Open Gym						
				7:00 8:15	Little PAL						
				8:15 9:00	Open Gym						

*Summer Camp may use gym during inclement weather
*Effective 4/4/2022

NAUGATUCK YMCA
284 Church Street Naugatuck, CT 06770
P 203 729 9622 W naugatuckymca.org

FACILITY HOURS

Monday - Friday
5:30am - 9:00pm

Saturday
7:00am - 3:00pm

Sunday
8:30am - 1:00pm