



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NAUGATUCK YMCA

Summer Session Dates: June 23 2025– August 10 2025

Youth Programs Summer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	AM	AM	AM	AM	AM
					11:00 Martial Arts 12:00 Little Tigers Group X
					12:00 Martial Arts 1:00 Intermediate Group X
PM	PM	PM	PM	PM	SUNDAY
4:00 Swim Lessons 7:30 Pool	5:00 Swim Lessons 7:00 Pool	5:30 Swim Lessons 7:45 Pool	4:30 Swim Lessons 7:00 Pool	5:30 Swim Lessons 7:45 Pool	
	6:00 Martial Arts 7:00 Little Tigers Performance Room	6:30 Dance 7:15 Group X	6:00 Martial Arts 7:00 Little Tigers Performance Room		
	7:00 Martial Arts 8:00 Intermediate Performance Room		7:00 Martial Arts 8:00 Intermediate Performance Room		

No Programs will run on July 4th

*Please note, programs require preregistration for participation.
Please see the Front Desk with any questions.

NAUGATUCK YMCA
284 Church Street Naugatuck, CT 06770

FACILITY HOURS

Monday – Friday
5:30am – 9:00pm

Sunday
8:30am – 3:00pm

Saturday
7:00am – 3:00pm

Updated 6/18/2025