



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# NAUGATUCK YMCA

Summer Session Dates: September 8th– October 24th 2025

## Youth Programs Summer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	AM	AM	AM	AM	AM
					11:00 <b>Martial Arts</b> 12:00 <b>Little Tigers</b> Group X
					12:00 <b>Martial Arts</b> 1:00 <b>Intermediate</b> Group X
PM	PM	PM	PM	PM	SUNDAY
4:00 <b>Swim Lessons</b> 7:15 Pool	5:00 <b>Swim Lessons</b> 6:30 Pool		4:00 <b>Swim Lessons</b> 7:15 Pool		
	6:00 <b>Martial Arts</b> 7:00 <b>Little Tigers</b> Performance Room		6:00 <b>Martial Arts</b> 7:00 <b>Little Tigers</b> Performance Room		
	7:00 <b>Martial Arts</b> 8:00 <b>Intermediate</b> Performance Room		7:00 <b>Martial Arts</b> 8:00 <b>Intermediate</b> Performance Room		

\*Please note, programs require preregistration for participation.  
Please see the Front Desk with any questions.

NAUGATUCK YMCA  
284 Church Street Naugatuck, CT 06770  
P 203 729 9622 W [naugatuckymca.org](http://naugatuckymca.org)

### FACILITY HOURS

Monday – Friday  
5:30am – 9:00pm

Sunday  
8:30am – 3:00pm

Saturday  
7:00am – 3:00pm

Updated 09/09/2025