



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NAUGATUCK YMCA

GYMNASIUM SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
AM		AM		AM		AM		AM		AM	
5:30 10:45	Open Gym	5:30 10:45	Open Gym	5:30 10:00	Open Gym	5:30 10:45	Open Gym	5:30- 10:45	Open Gym	7:00- 3:00	Open Gym
11:00- 12:00	*Preschool Program Play	11:00- 12:00	*Preschool Program Play	10:00- 11:00	Homeschool Program	11:00 - 12:00	*Preschool Program Play	11:00- 12:00	*Preschool Program Play		
				11:00- 12:00	*Preschool Program Play						
PM		PM		PM		PM		PM		SUNDAY	
12:00- 9:00	Open Gym	12:00- 4:15	Open Gym	12:00- 5:00	Open Gym	12:00 -4:15	Open Gym	12:00- 5:00	Open Gym	9:30- 11:00	Volleyball League
		4:15- 5:00	SACC Program	5:00- 9:00	Little Pal (Starting 3/19/2024)	4:15- 5:00	SACC Program	5:00- 9:00	Little Pal (Stating 3/19/2024)	11:00- 1:00	Open Gym
		5:00- 9:00	Little PAL (Starting 3/19/2024)			5:00- 9:00	Little PAL (Starting 3/19/2024)				

*Gym in use during inclement weather. Otherwise open gym is available.

Schedule is subject to change as needed.

For programs with a start date, open gym is available during that time block until the start date of the program.

NAUGATUCK YMCA
284 Church Street Naugatuck, CT 06770
P 203 729 9622 W naugatuckymca.org

FACILITY HOURS

Monday - Friday
5:30am - 9:00pm

Saturday
7:00am - 3:00pm

Sunday
8:30am-1:00pm

Updated 4/5/2024