



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# NAUGATUCK YMCA

## GYMNASIUM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>AM</b>	<b>AM</b>	<b>AM</b>	<b>AM</b>	<b>AM</b>	<b>AM</b>
5:30-10:45 <b>Open Gym</b>	5:30-10:45 <b>Open Gym</b>	5:30-10:00 <b>Open Gym</b>	5:30-10:45 <b>Open Gym</b>	5:30-10:45 <b>Open Gym</b>	7:00-3:00 <b>Open Gym</b>
11:00-12:00 <b>*Preschool Program Play</b>	11:00-12:00 <b>*Preschool Program Play</b>	11:00-12:00 <b>*Preschool Program Play</b>	11:00-12:00 <b>*Preschool Program Play</b>	11:00-12:00 <b>*Preschool Program Play</b>	
<b>PM</b>	<b>PM</b>	<b>PM</b>	<b>PM</b>	<b>PM</b>	<b>SUNDAY</b>
12:00-9:00 <b>Open Gym</b>	12:00-4:15 <b>Open Gym</b>	12:00-5:00 <b>Open Gym</b>	12:00-4:15 <b>Open Gym</b>	12:00-5:00 <b>Open Gym</b>	9:00-11:00 <b>Volleyball League</b>
	4:15-5:00 <b>SACC Program</b>	5:00-9:00 <b>Little Pal (Starting 3/19/2024)</b>	4:15-5:00 <b>SACC Program</b>	5:00-9:00 <b>Little Pal (Starting 3/19/2024)</b>	11:00-1:00 <b>Open Gym</b>
	5:00-9:00 <b>Little PAL (Starting 3/19/2024)</b>		5:00-9:00 <b>Little PAL (Starting 3/19/2024)</b>		

\*Gym in use during inclement weather. Otherwise open gym is available.

Schedule is subject to change as needed.

For programs with a start date, open gym is available during that time block until the start date of the program.

**NAUGATUCK YMCA**  
284 Church Street Naugatuck, CT 06770  
P 203 729 9622 W [naugatuckymca.org](http://naugatuckymca.org)

### FACILITY HOURS

**Monday - Friday**  
5:30am - 9:00pm

**Saturday**  
7:00am - 3:00pm

**Sunday**  
8:30am-1:00pm