



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NAUGATUCK YMCA

GYMNASIUM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	AM	AM	AM	AM	AM
5:30 10:45 Open Gym	5:30 10:45 Open Gym	5:30 10:45 Open Gym	5:30 10:45 Open Gym	5:30 10:45 Open Gym	7:00 3:00 Little Pal Basketball
11:00 12:00 Preschool Program Play	11:00 12:00 Preschool Program Play	11:00 12:00 Preschool Program Play	11:00 12:00 Preschool Program Play	11:00 12:00 Preschool Program Play	
PM	PM	PM	PM	PM	SUNDAY
12:00 5:00 Open Gym	12:00 5:00 Open Gym	12:00 5:00 Open Gym	12:00 5:00 Open Gym	12:00 5:00 Open Gym	8:30 9:30 Open Gym
6:00 9:00 Volleyball League	5:00 9:00 Little Pal Basketball	5:00 6:15 Youth Boxing	5:00 9:00 Little Pal Basketball	5:00 9:00 Little Pal Basketball	9:30 11:00 Volleyball League
		6:30 8:00 Little Pal Basketball		Little Pal	11:00 1:00 Little Pal Basketball
		8:00 9:00 Open Gym			

NAUGATUCK YMCA
284 Church Street Naugatuck, CT 06770
P 203 729 9622 W naugatuckymca.org

FACILITY HOURS

Monday – Friday
5:30am – 9:00pm

Saturday
7:00am – 3:00pm

Sunday
8:30am – 1:00pm