



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

Pool Schedule Fall 2017	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Schedule Begins <b>September 20</b> and is subject to change. Multiple activities are often scheduled in this pool at the same time.</p> <p><b>Swimming Tips</b> Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there.</p> <p><b>Directions</b> If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.</p> <p><b>Speed</b> Please try to choose a lane with swimmers that most nearly match your speed.</p> <p><b>Shower</b> Please shower with warm water and soap before entering the pool</p> <p><b>Clothing</b> Proper swim attire is required. Infants must wear a swim diaper. No street shoes allowed on pool deck.</p>	5:30-8:00 Adult	5:30-8:00 Adult	5:30-8:00 Adult	5:30-8:00 Adult	5:30-8:00 Adult	7:00-8:00 Adult	
	8:00-8:30 Adult	8:00-9:00 Aquatone/Ed	8:30-9:30 AquaFit	8:00-9:00 AquaFit/Casey	8:00-9:00 Adult	8:00-9:00 Adult	
	9:00-10:00 AquaFit/Winnie	9:00-9:30 Adult	9:30-10:00 Adult	9:00-9:30 Adult	9:00-10:00 Aqua Sampler Winnie	9:00-9:30 parent infant pike/eel/ray <b>no Lap</b>	Closed until <b>Nov 5</b>
	9:30-10:00 Open	9:30-10:00 Adult		9:30-pike 10:00 parent/toddler	10:00-10:30 Adult	9:30-10:00 Parent toddler pike/eel/ray <b>no Lap</b>	
	10:00-11:00 Warm Water Ex <b>No Lap</b> <b>10:15-11:00</b>	10:00-11:00 Warm Water Ex <b>No Lap</b> <b>10:15-11:00</b>	10:00-11:00 Warm Water Ex <b>No Lap</b> <b>10:15-11:00</b>	10:00-11:00 Warm Water Ex <b>No Lap</b> <b>10:15-11:00</b>	10:00-11:00 Warm Water Ex <b>No Lap</b> <b>10:15-11:00</b>	<b>10:00-10:45</b> Minnow/guppy polliwog fish/ flying fish <b>11:15-shark</b> <b>No Lap</b>	ADULT 10:00- 12:00
	11:00-12:00 OPEN	11:00-12:00 Pre School	11:00-12:00 OPEN	11:00-12:00 Pre School	11:00-12:00 OPEN	10:45-11:30 Polliwog	
	12:00-2:30 adult	12:00-2:30 adult	12:00-1:00 adult	12:00-2:00 adult	12:00-2:30 adult	11:30-2:30 OPEN	OPEN 12:00- 2:00
	2:30-3:30 OPEN	2:30-3:30 OPEN	<b>1:00-3:00</b> <b>CLOSED FOR</b> <b>CLEANING</b>	2:00-3:30 OPEN	2:30-3:30 OPEN	2:30-3:30 Special Olympics	
	3:30-4:30 OPEN	3:30-4:00 OPEN	3:00-4:30 OPEN	3:30-4:00 OPEN	3:30-4:45 OPEN	2:30-3:30 Autism Swim	
	4:30-5:30 OPEN	4:00-4:30 pike/eel/ray <b>no lap</b>	4:30-5:30 OPEN	<b>4:00-4:30</b> Pike/ray/eel <b>4:30-5:15</b> polli/gup/min <b>No Lap</b>	5:00-5:30 Parent infant/ eel/pike/ <b>No Lap</b>		
	5:30-6:30 AquaFit	<b>4:30-5:15</b> Comp swim/ polliwog/guppy <b>5:15-6:30</b> gup/min/fish <b>no lap</b>	5:30-6:30 AquaFit	5:30-6:15 Adult swim class	5:30-6:00 Eel/pike/ray <b>No Lap</b>		
	6:30-7:15 AquaFit	6:30-7:30 Aquatone Casey	6:30-8:25 Open	6:30-7:15 AquaFit Sue	<b>6:00-6:45</b> pol/min/gup/ <b>6:45-7:30</b> fish/fl fish/shark		
	7:15-8:25 OPEN	7:15-8:25 OPEN		7:15-8:25 OPEN	7:30-8:25 OPEN		

