



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

Pool Schedule WINTER 2019	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p>Schedule January 28- March 4 and is subject to change Multiple activities are often scheduled in this pool at the same time.</p> <p>Swimming Tips Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there.</p> <p>Directions If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.</p> <p>Speed Please try to choose a lane with swimmers that most nearly match your speed.</p> <p>Shower Please shower with warm water and soap before entering the pool or hot tub.</p> <p>Clothing Proper swim attire is required. Infants must wear a swim diaper. No street shoes on pool deck</p>	5:30-8:00 Adult	5:30-8:00 Adult	5:30-8:00 Adult	5:30-8:00 Adult	5:30-8:00 Adult	7:00-8:00 Adult		
	8:00-8:30 Adult	8:00-9:00 Aquatone/ED	8:30-9:30 AquaFit	8:00-9:00 Aqua-fit	8:00-9:00 Adult	8:00-9:00 Adult	8:00-9:00 Adult	
	8:30-9:30 AquaFit/Winnie	9:00-9:30 Adult	9:30-10:00 Adult	9:00-9:30 Adult	9:15-10:00 Aqua Sampler Winnie	9:00-9:30 A/water discovery B/water exploration NO LAP		
	9:30-10:00 OPEN	9:30-10:00 ADULT		9:30-10:00 ADULT		9:00-9:30 A/water discovery B/water exploration NO LAP		
	10:00-11:00 Warm Water Ex NO LAP 10:15-11:00	10:00-11:00 Warm Water Ex NO LAP 10:15-11:00	10:00-11:00 Warm Water Ex NO LAP 10:15-11:00	10:00-11:00 Warm Water E NO LAP 10:15-11:00	10:00-11:00 Warm Water Ex NO LAP 10:15-11:00	10:00-11:00 Warm Water Ex NO LAP 10:15-11:00	9:00-9:30 1/ acclimation (P) 1/acclimation (Y) NO LAP	Adult 10:00-12:00
	11:00-12:00 CLOSED	11:00-12:00 Preschool NO LAP	11:00-12:00 OPEN	11:00-12:00 Preschool NO LAP	11:00-12:00 CLOSED	9:30-10:00 2/movement (P) 2/movement (Y) 9:45-10:30 3/water stamina (Y) NO LAP		
	12:00-2:30 Adult	12:00-1:00 CLOSED	12:00-2:00 POOL CLEANING	12:00-1:00 CLOSED	12:00-4:45 OPEN	10:00-10:30 3/stamina (P&Y) NO LAP	Open 12:00-2:00	
	2:30-3:30 OPEN	1:00-3:30 OPEN	2:00-3:30 OPEN	1:00-3:30 OPEN	5:00-5:30 1/water acclimation(P&Y) 2/water movement(P&Y) NO LAP	10:15-11:00 4/stroke intro 10:30-11:15 5/6 stroke dev/mech NO LAP		
	3:30-4:30 OPEN	3:30-4:00 OPEN	3:30-4:30 OPEN	3:30-4:00 OPEN	5:30-6:00 2/water movement (P) 5:45-6:30 2/water movement (Y) NO LAP	11:30-12:00 Autism swim privates NO LAP		
	4:30-5:30 OPEN	4:00-4:30 OPEN	4:30-5:30 OPEN	4:00-5:30 OPEN	6:00-6:30 3/water stamina(P&Y) NO LAP	12:00-2:30 OPEN		
	5:30-6:30 AquaFit	4:30-6:30 OPEN	5:30-6:30 AquaFit	5:30-6:30 AquaFit	6:30-7:15 3/water stamina 6:45-7:30 4/stroke intro NO LAP	2:30-3:30 Special Olympics Pool Closed		
	6:30-7:15 AQUAFIT	6:30-7:15 Aquatone Casey	6:30-7:15 OPEN	AquaFit 6:30-7:15	7:15-8:00 5/stroke Dev&6 mechanic 7:30-8:15 4/stroke intro 5/development NO LAP			
	7:15-8:25 OPEN	7:15-8:25 OPEN	7:15-8:25 OPEN	7:15-8:25 OPEN	7:30-8:25 OPEN			

