

YMCA WINTER POOL SCHEDULE 2012

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00-8:00	ADULT	ADULT	ADULT	ADULT	ADULT	ADULT 7:00am	
8:00-9:00	AQUASIZE	AQUASIZE	AQUASIZE	AQUASIZE	ADULT	ADULT	
9:00-9:30	Deep Water	ADULT	Deep Water	ADULT	AQUATIC MASTER	SWIM LESSONS <u>NO LAP</u>	
9:30-10:00	AQUASIZE	NURSERY SCHOOL 2 lap lanes	AQUASIZE	NURSERY SCHOOL 2 lap lanes	AQUATIC MASTER	SWIM LESSONS <u>NO LAP</u>	
10:00-10:30	AQUASIZE	NURSERY SCHOOL 2 lap lanes	AQUASIZE	NURSERY SCHOOL 2 lap lanes	AQUATIC MASTER	SWIM LESSONS <u>NO LAP</u>	ADULT SWIM
10:30-11:30	<u>WARM WATER EXERCISE</u> <u>NO LAP</u>	<u>WARM WATER EXERCISE</u> <u>NO LAP</u>	<u>WARM WATER EXERCISE</u> <u>NO LAP</u>	<u>WARM WATER EXERCISE</u> <u>NO LAP</u>	<u>WARM WATER EXERCISE</u> <u>NO LAP</u>	SWIM LESSONS <u>NO LAP</u>	ADULT SWIM UNTIL 12:00PM
11:30-1:00	ADULT / FAMILY	ADULT / FAMILY	ADULT / FAMILY	ADULT / FAMILY	ADULT / FAMILY	11:30 FAMILY	FAMILY SWIM BEGINS AT 12:00PM
1:00-1:30	<u>CLOSED CLEANING</u>	NURSERY SCHOOL 2 lap lanes	<u>CLOSED CLEANING</u>	NURSERY SCHOOL 2 lap lanes	<u>CLOSED CLEANING</u>	FAMILY	FAMILY
1:30-2:00	<u>CLOSED CLEANING</u>	NURSERY SCHOOL 2 lap lanes	<u>CLOSED CLEANING</u>	NURSERY SCHOOL 2 lap lanes	<u>CLOSED CLEANING</u>	FAMILY	FAMILY
2:00-3:30	<u>CLOSED CLEANING</u>	2:00-3:00 Pool Closed	<u>CLOSED CLEANING</u>	2:00-3:00 Pool Closed	<u>CLOSED CLEANING</u>	FAMILY until 2:30	
3:30-4:00	OPEN	OPEN @3:00	OPEN	OPEN @3:00	OPEN		
4:00-5:00	OPEN	<u>SWIM LESSONS</u> <u>NO LAP</u>	OPEN	<u>SWIM LESSONS</u> <u>NO LAP</u>	OPEN		
5:00-5:30	OPEN	<u>SWIM LESSONS</u> <u>NO LAP</u>	OPEN	<u>SWIM LESSONS</u> <u>NO LAP</u>	<u>SWIM LESSONS</u> <u>NO LAP</u>		
5:30-6:00	AQUAFIT/ Family Swim*	<u>SWIM LESSONS</u> <u>NO LAP</u>	AQUAFIT/ Family Swim*	AQUAFIT Adult Swim Lessons	<u>SWIM LESSONS</u> <u>NO LAP</u>		
6:00-6:30	AQUAFIT/ Family Swim*	<u>SWIM LESSONS</u> <u>NO LAP</u>	AQUAFIT/ Family Swim*	AQUAFIT	<u>SWIM LESSONS</u> <u>NO LAP</u>		
6:30-7:30	AQUASIZE	AQUASIZE	AQUASIZE	AQUASIZE	6:45- FAMILY		
7:30-8:30*	FAMILY	ADULT/SCUBA	FAMILY	FAMILY	FAMILY		

Lap lanes are available unless it says NO LAP